

## To our valued patient

According to our records, you had a **Mammogram** examination with Sunshine Coast Radiology more than 2 years ago, and you may now be due for a follow-up examination.

We recommend if you have not discussed your breast health with your doctor recently, please consult with them to see if you require an examination and/or imaging services that we can assist with.

Sunshine Coast Radiology has your previous breast examination on record and we are pleased to offer this diagnostic imaging service to you again if required.

Please note that a Referral is required for our mammography services. If you require another appointment, please contact our bookings team on **1300 697 226**.

If you have been back to your doctor, had a recent mammogram, or if this service does not apply to you in any way, please disregard this notice.

Yours sincerely,

Sunshine Coast Radiology

## The importance of breast health

In Australia, even with a fully implemented mammographic screening program, more than half of breast cancers are diagnosed after investigation of a breast change found by the woman or by her doctor.

Changes to look for include:

- A new lump or lumpiness especially if it is in one breast
- A nipple discharge
- A change in the size or shape of the breast or nipple
- A change in the skin over the breast such as redness or dimpling
- An unusual persistent pain, especially if it is one breast.

References:

<http://www.nbcf.org.au>

<http://canceraustralia.gov.au/publications-and-resources/position-statements/early-detection-breast-cancer>



Published Apr 2024